

# PROGRAMS

- Pool Safety
  - Lessons on pool and poolside behavior.
  - Advice on drowning prevention.
  
- Water Safety
  - Lessons on proper behavior in large bodies of water.
  - Advice on drowning prevention.
  
- Heat-related Safety
  - Explain dangers of extreme heat.
  - Lessons on proper outdoor summer behavior.
  - Advice on preventing heat-related problems.
  
- Traffic Safety
  - Lessons on bicycle & motor vehicle rules and laws.
  - Advice on preventing accidents.
  - Advice on protecting self to avoid injury.
    - Seat belts
    - Helmets
  
- Fire Prevention
  - Lessons on proper fire behavior.
  - Advice on fire prevention.
  - Advice on protecting self in a fire.
  
- Internet Safety
  - Lessons on proper online behavior.
  - Advice on protecting self from online predators.
  
- Senior Fall Prevention
  - Advice on how to prevent falls.
  - Advice on what to do in case of a fall.